



# THE HOPE CENTER

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## **SEEDS OF PURPOSE**

**Ice breaker.** Power play it's a game that puts one in power and ask them what they can do once they are; God, father, mother, teacher, friend, sister, won 10million shillings?

### **Introduction to Seeds Of Purpose:**

As we consider our lives, our hopes and dreams, our actions, our decisions, our relationships and everything we are involved in, there is a fundamental question we need to ask ourselves. **This question is WHY?**

Why do we do the things we do, why do we hope and believe and dream the dreams we dream, why are we involved in this activity and not the other, why are we relating with this person , why am I investing my time and money in this. **WHY, WHY, WHY? WHY is a question of purpose?**

**Ice Breaker 2:** Village Race to win a cow. Two guys run the race and won; another day, there was a race and there was nothing to win, no one finished the race. Race with a goal: many runners and a winner; Race without a goal: few runners and no winner

When you have (want) to achieve something. You try again and again e.g Thomas Edison the first initiator of bulbs (failed 999 times in his attempt to make a bulb for the first time), Oprah Winfrey the lady who featuring the 'Oprah show' (was told by a certain television that she can never work on T.V), Disney world (the founder was told that he was not a creative thinker) among others. All these people achieved what they said they would never achieve. Because they wanted to achieve it and devised means of achieving

In primary: discuss as a group, as the students contribute their views

In secondary: distribute papers and give them 10mins to answer

- a. *On a Piece of Paper, write three things you want to achieve/ goal.*
- b. *After that, write one reason under each goal. Why do you want that thing/goal?*
- c. *Give three ways how you will achieve what you want. PLAN*

**10 BREAK** – During the break please find someone and share your **WELL DEFINED PURPOSE**-and what the things you are going to commit yourself that are in line with your purpose.

### **AFTER THE BREAK**

**Facilitator: Welcome back. Move on to CHOICES. With a view that everything is as a result of the choices we make, we can have goals or things we want to achieve, but our decisions determine whether we achieve them or not.**

**Heal - Empower - Engage**

### **THE CHOICES YOU MAKE, MAKE YOU.**

Choices determine the success or failure of any individual. People cry because of the choices they make, people are successful because of the choices they make.

Some students fail at school because of their choices, other young people have ended up in prisons, others with unintended pregnancies, others with STDs including HIV and sadly some have died without achieving their big dreams because of the choices they made.

The difference between you and the people around is determined by the choices you make.

**Teacher Hope says “OUR LIVES ARE ABOUT THE CHOICES WE MAKE”**

- Every choice we make has a consequence. There is a consequence to our choice of words, there is a consequence to every behavior, there is a consequence when we choose to work hard or be lazy.
- As we make our decisions we need to ask ourselves “WILL I BE HAPPY WITH THE CONSEQUENCES? IS THIS REALLY WHAT I WANT?  
In his book THE 7 HABBITS of highly effective people, Steven Covey said “BEGIN WITH END IN MIND”
- So many times we make decisions without thinking of the consequence, sometimes it is because we are so angry or excited, or afraid or over ambitious or even under pressure. No matter the situation, IT IS IMPORTANT TO CONSIDER THE CONSEQUENCE. DO NOT LET A TEMPORALY MOMENT MAKE A PARMANENT DEFINITION OF YOU. **The choices you make, make you.**

**Conclusion: It is great most of us are now clear about what we want, we have a purpose and we can make a plan on how to achieve our goals. LET US BE IN CHARGE OF OUR DECISIONS-LET US MAKE THOSE DECISIONS WHICH WILL BRING THE RESULTS THAT WE REALLY WANT.**

**MAY GOD BLESS YOU**